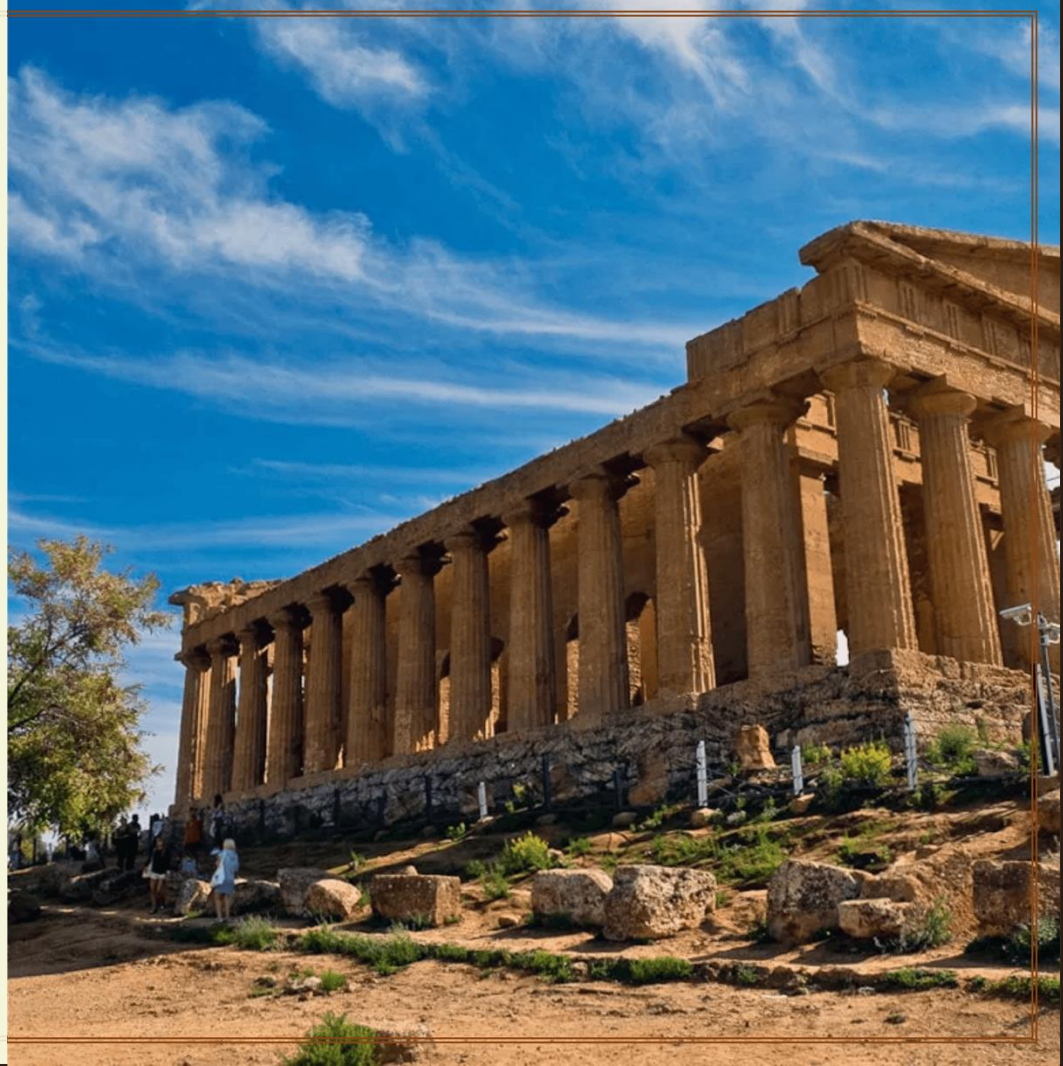


# Agrigento: A Journey Through Time and Beauty



Discovering the heart of  
Sicily's history, nature,  
and culture.

Elisa Caruso



# The Golden Age of Akragas

## Founded in 582 BC

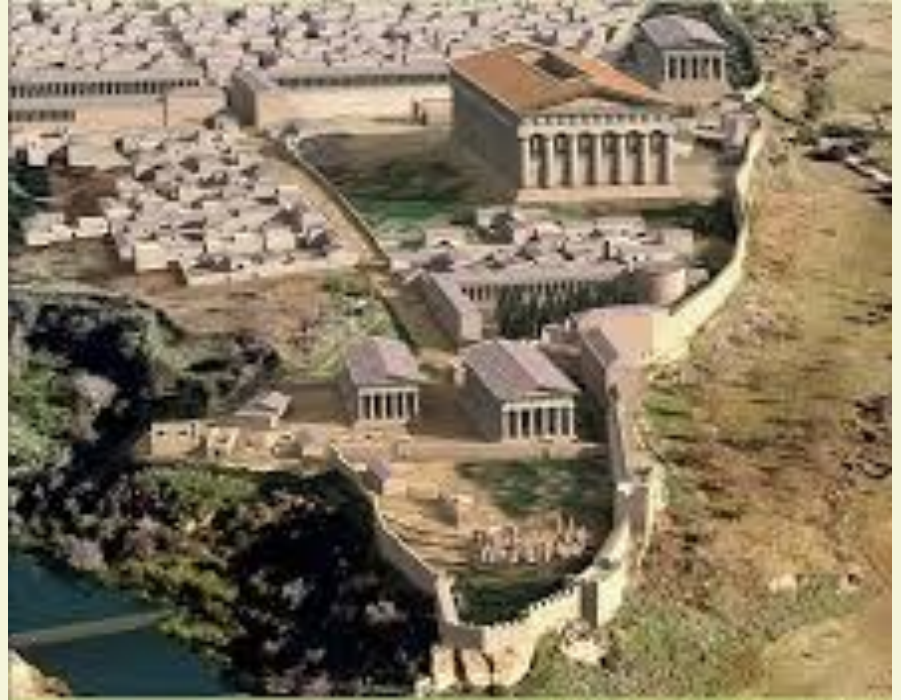
Greek colonists from Gela established Akragas, which quickly became one of the most powerful cities in the ancient world.

## The 5th Century BC Peak

Under the tyrant Theron, the city reached its peak, rivaling Athens in wealth and architectural splendor.

## A Crossroads of Cultures

From Greeks and Romans to Arabs and Normans, each civilization left an indelible mark on the city's identity.



# Agrigento Today: Living History



## Location and Landscape

Agrigento is located in the south-western part of Sicily, overlooking the Mediterranean Sea. The territory is mainly hilly, with valleys and coastal areas. It includes cliffs, sandy beaches and agricultural land.



## Population and Administration

Today, Agrigento has about 55.000 inhabitants. It is the capital of the Province of Agrigento, which includes around 43 municipalities.



## Cultural Highlights

The Valley of the Temple became a UNESCO World Heritage Site in 1997. Agrigento has been named Italian Capital of Culture 2025, an important recognition for its cultural value.



# Walking Among Giants

## ▣ Temple of Concordia

Built around 440 BC, it is one of the best-preserved Greek temples in existence.

## ▣ Temple of Juno (Hera Lacinia)

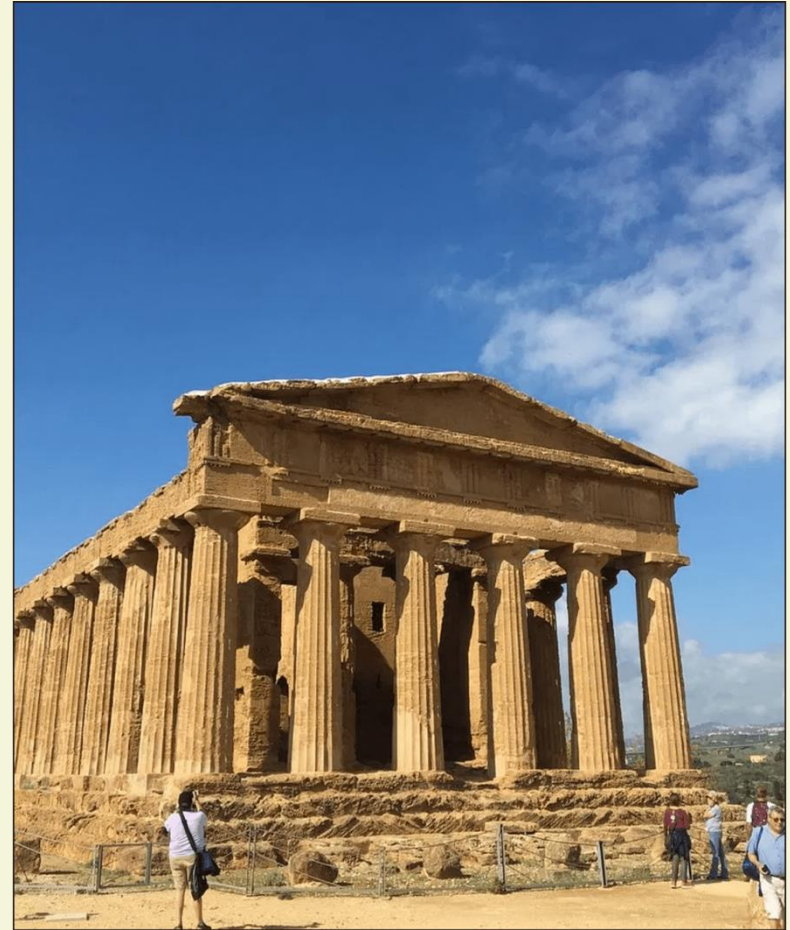
Perched on the highest point of the ridge, offering stunning views of the sea.

## ▣ Temple of Heracles

The oldest in the valley, with its iconic eight standing columns.

## ▣ Temple of Olympian Zeus

Once one of the largest temples of antiquity, now a field of massive ruins.





# An Ancient Oasis: Kolymbethra Garden

## 🌿 Ancient Engineering

Originally a massive water reservoir built by the Greeks in the 5th century BC to supply the city of Akragas.

## 🍊 A Fragrant Paradise

Today, it is a lush garden managed by FAI, filled with centuries-old olive trees and fragrant citrus groves.

## 🐾 Unique Fauna

Home to the rare Girgentana Goat, famous for its spectacular spiral horns and ancient Mediterranean lineage.



# *The Caos and the Nobel Prize*

## 🏠 The Caos District

Pirandello was born in a rural house between Agrigento and the sea, in a place he famously called "Caos."

## 🏆 A Literary Giant

Winner of the Nobel Prize in Literature (1934), his works revolutionized modern theater.

## 🌲 The Literary Park

Visitors can explore his home-museum and the site of the famous Pine Tree where his ashes rest.





# The White Stairway to Heaven

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## 🌊 Scala dei Turchi

A spectacular white marl cliff shaped like a staircase by centuries of wind and waves. Its blinding white color contrasts beautifully with the turquoise sea.

## 🏰 The Legend

Named "Stair of the Turks" because legend says Turkish pirates used these natural steps to climb the cliffs and raid local villages.

## ☂️ San Leone

The vibrant seaside district of Agrigento, perfect for an evening stroll and enjoying the Mediterranean breeze.

# Traditional Savory Delights

## 🍲 Macco di Fave

A cornerstone of Agrigento's peasant tradition. This creamy soup is made from dried broad beans slow-cooked with wild fennel, creating a rich and comforting flavor that dates back centuries.

## 🍴 Pasta con le sarde

A masterpiece of Sicilian cuisine, blending fresh sardines with wild fennel, pine nuts and raisins for a unique sweet-and-savory profile.

## 🥙 Cuddiruni

A local specialty similar to a thick focaccia, topped with a flavorful mix of onions, tomatoes, anchovies, and local sheep's milk cheese. A must-try street food of the region.



# Sweet Heritage & Local Wines

## 🍯 Almond & Pistachio Pastries

Agrigento is the land of the finest almonds and Raffadali pistachios, transformed into delicate marzipan and crunchy "croccante."

## 🍷 Cannolo

The Cannolo is a classic Sicilian dessert: a crispy fried pastry shell filled with sweet, creamy ricotta – often topped with chocolate chips, candied fruit or pistachios.

## 🍷 Nero d'Avola & Inzolia

The province produces world-class wines. Nero d'Avola is the king of reds, while Inzolia and Grillo offer refreshing white notes.



# Tips for a Seamless Experience

## 📅 Best Time to Visit

February for the Almond Blossom Festival or late Spring and early Autumn for mild, pleasant weather. In Summer, it's possible to visit the archaeological park at sunset for a truly evocative experience – without dying on the heat!

## 💧 Stay Hydrated

The Valley is vast with little shade. Always bring a large water bottle and wear a protective hat.

## 👟 Comfort is Key

Wear sturdy, comfortable walking shoes to navigate the uneven ancient paths safely.



# Agrigento Awaits You

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Agrigento is a place where history, literature, and nature converge in a unique harmony. Whether you are a history buff, a literature lover, or a foodie, this city will capture your heart.



*Thank you for your attention!*

